**D Groups Flow of a meeting**

A discipleship group should come together each week for accountability, training in God’s word, and a challenge to missional living. Formal meetings should last between 1 HR and 1 HR, 30 mins. Groups can meet anywhere, from the home of the group leader, to coffee shops, restaurants, even the church building. Below is a format for what groups want to accomplish when they meet together. Although a flow is helpful, be mindful of the direction of the Holy Spirit, and the needs of those you are investing in.

**D Group flow**

**Look back: 25 mins**- Accountability. Group members discuss  
-their week highlights/struggles  
-their scripture memory  
-their witnessing experiences   
-something learned/applied from journaling

**Look in: 25 mins**- Lesson. Group members discuss lesson prepared by leader   
- group members should have worked on lessons prior to meeting. The meeting time is just for clarifying questions and discussing application

**Look ahead: 5 min**-Challenge. Group members discuss how they will apply in the coming week.  
-Always leave with some way to apply bible  
-Always leave with a challenge to share the gospel with the lost